



To: AmeriHealth Caritas Delaware Providers

Date: May 20th, 2026

Subject: **Important Update: Breast Cancer Screening Measure Expanded to Age 40.**

Summary:

NCQA updated the HEDIS Breast Cancer Screening (BCS-E) measure to align with the latest USPSTF guidelines. Effective for Measurement Year 2025, the eligible screening population has expanded from women ages **50-74 to 40-74**.

Because Breast Cancer Screening is a Quality Performance Measure (QPM) tied to significant financial performance outcomes, this change substantially increases the eligible member population and may impact overall compliance rates if screenings are not addressed proactively.

What has changed.

- Previous screenings age range 50-74
- New screening age range 40-74
- This update significantly increases the number of members included in the measure denominator

How can you help?

AmeriHealth Caritas Delaware encourages primary care providers to:

- Begin breast cancer screenings discussions with eligible patients starting at age 40
- Incorporate screening outreach into annual wellness visits and follow up appointments
- Identify members with open breast cancer screening gaps and encourage completion of mammograms.
- Reinforce preventive screening education during patient interactions

Member Incentive updated:

AmeriHealth Caritas Delaware has also updated the ages for the member incentive. Women aged 40-74 are eligible for a \$25 [CARE Card](#) reward upon completing an annual mammogram.

Additional Resources:

For more information regarding breast cancer screening and prevention visit:

<https://www.healthydelaware.org/Individuals/Cancer/Breast/Screening-Prevention#intro>

Questions: If you have questions about this communication, please get in touch with AmeriHealth Caritas Delaware Provider Services at 1-855-707-5770 or your Provider Network Management Account Executive.

Sincerely,

AmeriHealth Caritas Delaware